

**FRIDAY, MAY 23** | Merciful God, thank you for love, grace, and the gift of salvation. Forgive my complaining and lead me into forgiving and understanding others. Turn my complaints into conversations with you. Shape my grumbling into grace. Amen. (Matthew 6:14)

**SATURDAY, MAY 24** | In this day of rest, let me breathe deeply of your peace. Help me to stop, notice, and receive. Amen. (Isaiah 40:11)

**SUNDAY, MAY 25** | Lord, may I find you not only in prayer but through it. Let each prayer open a new window to your heart. Amen. (James 4:8)

**MONDAY, MAY 26** | Father, let prayer be my anchor, not my escape. Ground me in your truth even when life feels unstable. Amen. (Psalm 18:2)

**TUESDAY, MAY 27** | Spirit, lead me to pray for others today. Open my heart to carry their needs as if they were my own. Amen. (Galatians 6:2)

**WEDNESDAY, MAY 28** | Jesus, meet me in the quiet. Even when nothing changes around me, change what's within me through prayer. Amen. (2 Corinthians 4:16)

**THURSDAY, MAY 29** | Lord, help me linger with you today. I don't want to rush your presence. Let me dwell, not just visit. Amen. (Psalm 27:4)

**FRIDAY, MAY 30** | God, thank you for walking with me through this month of prayer. Keep teaching me to stay near, to listen, and to love through every word I offer. Amen. (Colossians 4:2)

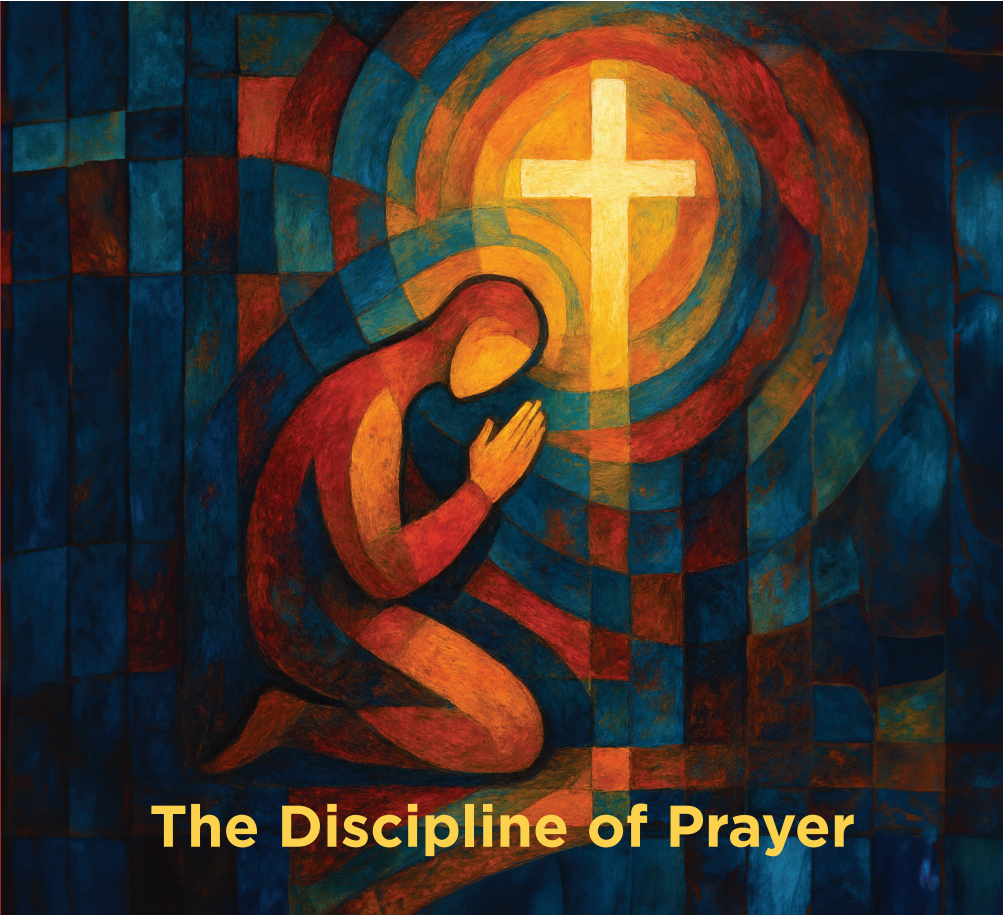
**SATURDAY, MAY 31** | As this month closes, draw me into holy stillness. Let this day of rest remind me that prayer is not performance—it is relationship. Amen. (Matthew 11:28)

**St. Andrew Methodist Church**

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**24 Hour Prayer Line** | Call 214-291-8044 to leave a prayer request.

Prayer Calendar

May 2025



The Discipline of Prayer

## The Discipline of Prayer

Prayer is communion with the living God, both speaking and listening. It is a means by which God transforms the soul. As Wesley taught, prayer is a chief means of grace, drawing the heart into holy love and holy obedience; and that the neglect of private prayer can lead to loss of faith. This month, we return again and again to the place of prayer—in quiet, in desperation, in joy, and in praise.

### Daily Prayers | May

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**THURSDAY, MAY 1** | God, draw me into the stillness where your voice speaks life. Let my prayer rise not just from my lips, but from deep within my heart. Teach me to listen as much as I speak. Amen. (Psalm 46:10)

**FRIDAY, MAY 2** | Jesus, make prayer my first instinct, not my last resort. Meet me in the middle of this day with grace. Let me pray without ceasing, even in silence. Amen. (1 Thessalonians 5:17)

**SATURDAY, MAY 3** | Creator of rest, quiet my striving soul. Help me enter the gentle rhythm of this day and trust that you are working even when I am not. Amen. (Exodus 33:14)

**SATURDAY, MAY 10** | On this quiet day, remind me that I am not held together by my effort but by your mercy. Let this rest be my worship. Amen. (Psalm 127:2)

**SUNDAY, MAY 11** | Lord, make my prayers a river of love. Wash away all pretense. Let me speak to you freely, as a child with their parent. Amen. (Matthew 6:6)

**MONDAY, MAY 12** | Eternal and faithful God, I confess I often rush past prayer. Slow me down today. Let my minutes become sacred moments. Help me to trust you. May I embrace the life and blessings you shower upon me. In joyful obedience to you, I know that all will be well. Amen. (Isaiah 30:15)

**TUESDAY, MAY 13** | God, shape my prayers so they match your heart. Let me want what you want. May your kingdom be in me today. Amen. (Matthew 6:10)

**WEDNESDAY, MAY 14** | Help me pray even when it's hard, even when I doubt. You are near, even when I don't feel it. Thank you for your faithful presence. Amen. (Psalm 34:18)

**THURSDAY, MAY 15** | Lord, give me the courage to pray dangerous prayers. Change me. Stretch me. Use me. Amen. (Isaiah 6:8)

**SUNDAY, MAY 4** | Lord, let prayer be the breath of my spirit. Help me worship you in truth, from the ground of my life. Tune my heart to sing your grace. Amen. (John 4:24)

**MONDAY, MAY 5** | Father, help me speak honestly with you. Even in doubt, fear, or failure, draw me close. May nothing keep me from your presence. Amen. (Psalm 62:8)

**TUESDAY, MAY 6** | Holy Spirit, stir up boldness in my prayers today. Let me ask, seek, and knock with trust. Move mountains, even if only in my heart. Amen. (Matthew 7:7)

**WEDNESDAY, MAY 7** | Lord, sometimes I don't have the words. Thank you for your Spirit who intercedes with sighs deeper than mine. Help me rest in your understanding. Amen. (Romans 8:26)

**THURSDAY, MAY 8** | Jesus, teach me to pray like you did—in solitude, with passion, and in trust. Let me pray with open hands, not clenched fists. Amen. (Luke 5:16)

**FRIDAY, MAY 9** | God, thank you that prayer connects earth to heaven. Help me live with one ear always turned toward you. Amen. (Philippians 4:6)

**FRIDAY, MAY 16** | God, let prayer be where I wrestle and where I rest. Let me meet you in every emotion I bring. Amen. (Genesis 32:26)

**SATURDAY, MAY 17** | In this space of pause, Lord, renew my soul. Let stillness be the sanctuary where your peace finds me. Amen. (Mark 6:31)

**SUNDAY, MAY 18** | Father, teach me to pray with joy. Let gratitude rise like incense. Remind me of your goodness. Amen. (1 Chronicles 16:11–12)

**MONDAY, MAY 19** | God, open my ears today. Let me hear your whispers above the world's noise. Tune my soul to your quiet guidance. Amen. (John 10:27)

**TUESDAY, MAY 20** | Spirit, form my prayers into seeds of change. Let them grow into mercy, justice, and love. Amen. (Micah 6:8)

**WEDNESDAY, MAY 21** | Lord, when I am weary, be my strength. Let my prayer be as simple as your name on my lips. Amen. (Psalm 61:2)

**THURSDAY, MAY 22** | Jesus, remind me that you're praying for me, even now. Let that truth steady my heart today. Amen. (Hebrews 7:25)