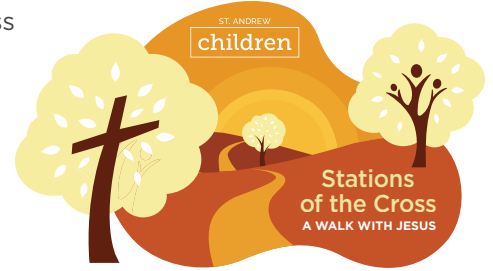


Stations of the Cross for Children | A Walk with Jesus

Thank you for joining us on this journey with your child. The Stations of the Cross help us remember Jesus' love. This guide offers reflections, discussion prompts, and prayers to support your child through each station. Each station includes:

- **A brief explanation** of what happened.
- **Narration by Ms. Rachel** to guide children through the journey.
- **Child-friendly reflections** to help young hearts understand.
- **Interactive activities** to keep children engaged.
- **A short prayer** to say together.



Encourage your child to walk slowly, listen carefully, and notice the beauty of the world around them as they reflect on Jesus' journey. For a more immersive experience, you can listen to the audio companion of this journey, narrated by Ms. Rachel. The audio includes reflections, prayers, and gentle background sounds to guide your family through each station.

OPENING | WALKING WITH JESUS

Before beginning, take a deep breath with your child. Remind them that this is a special time to walk with Jesus and feel His love. Encourage them to look around, listen to the sounds of nature, and feel God's presence as they begin this journey.

Each child will carry a small rock throughout the walk. This rock represents their worries, sadness, or things that feel heavy in their hearts. At the end of the journey, they will lay it down at the foot of the cross, just like Jesus invites us to give our worries to Him.

CLOSING | A WALK FULL OF LOVE

As you finish the Stations of the Cross, remind your child that Jesus' love is always with them. Even though this journey remembers sad moments, it leads to the greatest joy—Jesus' resurrection!

- **Activity** | Put your hand on your heart and take a deep breath. Jesus' love lives in us forever.
- **Final Prayer** | "Dear Jesus, Thank You for walking with us today. Thank You for Your love, kindness, and strength. Help us to share Your love every day. Amen."

Thank you for sharing this journey with your child. May Jesus' love fill your hearts today and always!

FAMILY DISCUSSION GUIDE

To deepen your child's experience, here are some discussion questions you can use at home:

- **What was your favorite station and why?** (Encourage your child to express which part of Jesus' journey spoke to their heart.)
- **How do you think Jesus felt during His journey?** (Talk about emotions like love, sadness, and hope.)
- **How can we show love like Jesus did?** (Discuss ways to be kind, forgive, and help others.)
- **What does the rock you carried remind you of?** (Reflect on the importance of letting go of worries and trusting Jesus.)
- **When have you needed help, like Jesus did with Simon?** (Share personal experiences about accepting and giving help.)
- **When have you been able to forgive someone, like Jesus forgave on the cross?** (Help your child see that forgiveness is powerful and healing.)
- **What does Jesus' story teach us about trusting God?** (Talk about moments when we need to trust in God's love and plan.)

Encourage open conversation, and let your child share their thoughts freely. Remind them that Jesus' love is with them always!



ST. ANDREW

Stations of the Cross Walking Map

Written Map on the Other Side

